

Connections: Resources

AUGUST 2010

County Updates

Hawaii County News Contact Angela Thomas, Hawaii Coordinator at athomas@fofhawaii.org or at 808-885-8336

Kauai County News Contact Anna Peters, Kauai County Coordinator, at 808-632-2114, or at apeters@goodbeginnings.org.

Maui County News Contact Kaina Bonacorsi, Maui County Coordinator at 808-242-1608 or at Kaina.Bonacorsi@co.maui.hi.us Visit [their website](#)

Oahu County News Contact Celia Chang Takahashi, Oahu Coordinator, at ctakahashi@goodbeginnings.org or at 808-531-5502.

Furlough Information

Department of Human Services – Benefit, Employment and Support Services Division (BESSD) furloughs will continue through June 30, 2011. For more information visit <http://puc.hawaii.gov/furlough> To download a calendar scroll to the bottom of the page and use the link or visit <http://puc.hawaii.gov/furlough>

City and County of Honolulu will be implementing furloughs starting July 2, 2010 and continuing through June 30, 2011. For more information, including a furlough calendar, please visit <http://www.honolulu.gov/furloughcal/index.htm#scheduled>

County of Kauai will be implementing two day a month furloughs starting July 2010 and continuing through June 30, 2011. For more information visit <http://www.kauai.gov/Kamaaina/tabid/36/Default.aspx>

Maui County will furlough most of its employees 12 days starting July 2010 and continuing through June 2011. For more information, including a furlough calendar, please visit <http://www.mauicounty.gov/index.aspx?NID=1592>

Be Healthy, Stay Healthy

Free Flu Shots for Medicare Part B Subscribers available. For a complete list visit <http://hawaii.gov/health/family-child-health/immunization/flu-shot-schedule.pdf> For more information call the Department of Health at 808-586-8332 or 211.

Flu.gov has a link for the state of Hawaii. Use the *Flu Shot Locator* to find place, date and time for H1N1 and seasonal flu shots. Information for citizens and professionals are also provided. Visit <http://www.flu.gov/professional/states/hawaii.html> for more information.

Flu.hawaii.gov has valuable information for Hawaii residents regarding H1N1 (swine flu) including a list of where you can get the H1N1 flu shot, links to the CDC, links to other websites and resources. Visit <http://flu.hawaii.gov/index.html>

Free Flu Shots for Medicare Part B Subscribers available. For a complete list visit <http://hawaii.gov/health/family-child-health/immunization/flu-shot-schedule.pdf> For more information call the Department of Health at 808-586-8332 or 211.

New Guidance for Child Care and Early Childhood Programs Regarding Influenza New federal guidelines released to help child care and early childhood programs respond to influenza during the 2009–2010 influenza season. For more information visit <http://www.flu.gov>

Homeowner's Handbook to Prepare for Natural Hazards is designed specifically for homeowners and is a critical resource for anyone wanting to reduce the risks to family and property from the threats caused by natural hazards. The handbook covers basic information on emergency preparedness and evacuation planning in the event of a tsunami, hurricane, earthquake or flooding event, and the steps that should be taken in advance to protect property. For more information visit <http://www.soest.hawaii.edu/SEAGRANT/communication/NaturalHazardsHandbook/naturalhazardprepbook.htm>

Ongoing Training Opportunities for ECEC Professionals (In alpha order)

Chaminade University of Honolulu offers a variety of courses as a hybrid in the evenings, weekends, and via online if that is the learner's preference. There are funding available for students through ECE Castle Scholarship. Please see below for exciting information for ECE community:

- Chaminade University of Honolulu offers courses that work towards CDA, Associates of Science in ECE, and Bachelor of Science in ECE degrees. Each course and degree builds on one another. For complete information on the different programs, please visit www.chaminade.edu/education and click on Early Childhood Education.
- In the effort to encourage the ECE teachers and assistant teachers in Hawaii to continue their degree and take courses, the Samuel N. and Mary Castle Foundation is offering generous ECE Castle Scholarship to assist with tuition at Chaminade University of Honolulu. For more information, visit www.chaminade.edu/education and click on Early Childhood Education then click on ECE Castle Scholarship or contact Elizabeth Park at epark@chaminade.edu or call 808-735-4859.
- PATCH Scholarship applies to most of their ECE Courses. For more information visit <http://www.patchhawaii.org/community/scholarships>

For more information on the programs mentioned above please visit www.chaminade.edu/education or contact Elizabeth Park at epark@chaminade.edu or 808-735-4859.

First Aid and CPR Classes

<p>American Red Cross 4155 Diamond Head Road Honolulu With Adult, Infant and Child CPR/AED with First Aid, get trained to recognize and care for victims of illness and sudden injuries and learn how to use an AED for life-threatening respiratory or cardiac emergencies in infants, children and adults. http://www.hawaiiredcross.org 808-739-8123, 739-8132</p>	<p>American Heart Association CPR Registration www.heart.org/cpr 1-877-AHA-4CPR (1-877-242-4277)</p>
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Kathy's Parenting Solutions a consulting business provides parenting workshops, staff training, classroom interventions, in home parenting consulting and other services. For more information visit <http://www.kathysparentingsolutions.com>, or find Kathy's Parenting Solutions on facebook at www.facebook.com/pages/Kathys-Parenting-Solutions, or contact Kathy Bentley at kathy@kathysparentingsolutions.com or at 352-3303.

Kaplan Online Learning in partnership with Child Care Education Institute (CCEI) is offering online CEU trainings that are accepted by the Department of Human Services – Child Care Program Office to meet annual in-service training requirements. The CEU may be used to fulfill the education requirements of the CDA as required by the Council for Professional Recognition. Filled with practical advice, courses cover all disciplines of child development and center operations — from orientation courses for new teachers to more advanced subjects for experienced child care staff and directors. Courses are "competency-based" to ensure retention and success. Students must show an understanding of the content in order to advance to new courses. For additional information regarding the acceptance of CCEI's coursework in Hawaii contact the Hawaii Careers with Young Children Registry at 791-2126 or Registry@patch-hi.org For more information on the Kaplan and CCEI online program visit <http://www.kaplanco.com/training/online.asp>

Other Training Related Items

PATCH Training Classes can be brought into your community. To request a class from their training catalog call your local patch office or email patch@patchhawaii.org

Oahu: 839-1988	Maui County: 242-9232	Lanai & Molokai: 1-800-498-4145
Kauai: 246-0622	East Hawaii: 961-3169	West Hawaii: 322-3500

PATCH is looking for facilities in which they can hold their training classes. The room should be able to hold 10-25 people and have parking available to participants. To offer a training location please contact your local PATCH office or email patch@patchhawaii.org.

Oahu: 839-1988	Maui County: 242-9232	Lanai & Molokai: 1-800-498-4145
Kauai: 246-0622	East Hawaii: 961-3169	West Hawaii: 322-3500

Resources for Early Childhood Professionals and Programs (In alpha order)

AAP Literacy Toolkit is an interactive web-based resource designed to help health professionals encourage all parents to read with their children. The site is meant to introduce a wide variety of strategies and tools to support the mission of promoting child development and future school success. There are evidence based tips for parents available in a variety of languages for parents of all reading

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levels, posters, book lists for a variety of ages and topics, and links to many helpful resources. Many of these resources can easily be adapted for use by early childhood professionals. Visit the toolkit at www.aap.org/literacy.

American Heart Association has published a study that indicates that stroke, while common in adults, is also encountered in children. To learn more about comprehensive scientific statement on the etiology, epidemiology, diagnosis, and clinical management of stroke in children visit <http://stroke.ahajournals.org/cgi/reprint/STROKEAHA.108.189696v1>

Bridging Quality Early Childhood and Child Health Care: The latest electronic publication of *The Medical Home & Early Child Development in Primary Care* by Calvin C. J. Sia, MD, Lynn B. Wilson, PhD, Sharon Taba, MEd is now available online. To view this resource visit <http://www.aap.org/commpeps/cpti/MedicalHome%202006.pdf>

Centers for Disease Control and Prevention (CDC) is offering a *free* Child Care Provider Resource Kit called the *Learn the Signs. Act Early*. This campaign aims to educate parents about child development, including the milestones that mark a child's healthy development and the early warning signs of autism and other common developmental disorders.

The Child Care Provider Resource Kit includes the following materials:

- A CD-ROM containing fact sheets you can print out and give to parents which includes information on age-specific milestones, developmental disabilities such as autism and ADHD, and developmental screening. It also contains other tools such as tips for talking to parents, milestones checklists and a resource list.
- Three (3) small posters (11" x 17") that you can hang in public areas
- Three(3) full-size (11" x 39") growth charts that you can hang in classrooms or public areas and
- Fifty (50) flyers that you can give to every parent to educate them about the *Learn the Signs. Act Early* campaign and how they can order a *free* Parent Resource Kit.

All of the materials are free and are available in both English and Spanish. You can order online at <http://www.cdc.gov/ncbddd/autism/actearly> under the *Child Care Provider* section on the right hand side of the page. There is also a link for *Health Care Professionals* on the right side of the page so that they may receive *free* resources as well.

The Center for Early Literacy Learning (CELL) is pleased to announce the publication of 70 new practice guides on their website. These practice guides were prepared to help practitioners and parents promote the early and emergent literacy skills of young children with disabilities or delays. The practice guides are organized by the child age and the type of literacy skill. There are 31 infant, 22 toddler, and 17 preschool practice guides that can be printed and used by practitioners or parents. To learn more visit www.earlyliteracylearning.org and then click on the products link on the left, then the CELL practices link on the top of the page.

Child Care Food Program: Licensed family child care providers are eligible to join this program that provides partial reimbursement for nutritious meals served to children while in a family child care setting. Contact your local PATCH office to find out more about his program or to obtain an application form or visit <http://www.patchhawaii.org/providers/family/usda>

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'**Ekolu 'Ehā 'Ike Pono** offers free developmental, hearing, vision, and social emotional screening for children 2 to 5 years old, as well as free workshops for parents on early childhood development. While the target areas are Nānākuli and Wai'ane, screenings are available throughout the island of O'ahu. For more information, or to schedule a screening, call 696-5361. To learn more about the project, visit <http://www.ldahawaii.org/EEIP.htm>

Family Child Care Recruitment: PATCH provides assistance to individuals opening a new child care program and guides them through the state licensing process. Contact your local PATCH office to find out more about his program or to obtain an application form or visit <http://www.patchhawaii.org/providers/family/starting> to learn more

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Get Ready to Read! (GRTR!) is a national program to build the early literacy skills of preschool children. *GRTR!* Brings researched-based strategies to parents, early education professionals, and child care providers to help prepare children to learn to read and write. Our goal is to ensure that all children have opportunities to become successful readers. *Get Ready to Read!* is an initiative of the National Center for Learning Disabilities. To learn more, and to view activities, tips, and tools, visit <http://www.getreadytoread.org/>

Hawaii Association for the Education of Young Children (HAEYC) is the state affiliate of the National Association for the Education of Young Children (NAEYC), is committed to becoming an increasingly high performing and inclusive organization. As a member you may take advantage of a wide array of resources offered through NAEYC and HAEYC to help improve your work with children. These resources include, but are not limited to, the following:

- NAEYC's award-winning journal, *Young Children* or their newer publication, *Teaching Young Children*
- discounted prices in [the NAEYC catalog](#) of hundreds of books, videos, brochures, and posters
- access to the [Members Only](#) area of the NAEYC Website
- and the world's largest [early education conference](#)

To learn more about HAEYC, please contact the HAEYC office at 942-4708 (Oahu) or toll free at 1-888-224-2392 (neighbor islands), via e-mail at haeyc@hawaiihaeyc.org or visit www.hawaiihaeyc.org

The Hawaii Careers with Young Children Registry is housed at PATCH. Individuals who are employed in a center-based program are required to apply to the Registry by the State Department of Human Services (DHS). This includes infant/toddler, preschool programs, and group child care homes. While the Registry *is not* required for family child care providers, they are welcomed to apply. Application forms may be downloaded from <http://www.patchhawaii.org/Providers/Registry.asp> or by calling 808-791-2126 or by emailing Registry@patch-hi.org

Kamehameha Publishing produces works that focus on, captivate and educate young learners, included prenatal to 8 years. Form more information visit <http://www.kamehamehapublishing.org>

Lani Moo in the School, various programs that Meadow Gold Dairies Hawaii maintains to assist students and teachers statewide. To learn more please visit <http://www.lanimoo.com/school/index.cfm>

Lekotek, a national nonprofit widely known as the leading authority on toys and play for children with disabilities has just launched something called the AblePlay Rating System (TM). This free online resource available at www.ableplay.org and features toys rated for their accessibility regarding

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physical, sensory, communication and cognitive disabilities. It also includes detailed product reviews and creative ideas for adaptive play.

Meadow Gold Dairies Hawaii and Education Works have created the Healthy Hawaii Schools program, an ongoing program that benefits public and private school teachers, students and classrooms throughout Hawaii. The goal of the program is to enhance the students' learning experience by improving the classroom environment through the collection and redemption of Meadow Gold and VIVA brand milk product UPC bar codes. Each Meadow Gold and VIVA brand half-gallon milk carton UPC bar code is worth 10 cents, and each Meadow Gold and VIVA brand one-gallon milk jug UPC bar code is worth 20 cents. Teachers must bundle the UPC codes in \$5.00 denominations to redeem at Education Works for classroom supplies, learning tools and educational materials. To get started, teachers on Oahu can pick up the Healthy Hawaii Schools classroom collection container and program guidelines from the Education Works store located next to the Dole Cannery theatres. Neighbor Island teachers should call their nearest Meadow Gold Dairies Hawaii facility to arrange for pick-up.

Hilo: 808-935-5481

Kona: 808-323-9011

Maui: 808-877-5541

Kauai: 808-245-8551

To learn more about the program visit <http://www.lanimoo.com/school/schools.cfm> For questions or more information, please call Education Works at: 808-237-5351.

National Association for the Education of Young Children (NAEYC) depends on its members for leadership and for action and it needs you to get involved to help improve the quality of early childhood education for all children, families and early childhood professionals. Please review the following ways you can get involved on a local level.

- State Affiliate Board Member: Open to all members of a state affiliate. Become a leader at the state level, and strengthen your state's efforts in becoming a high-performing inclusive organization.
- State Affiliate Committee Member: Open to all members of a state affiliate and is a great way to become a leader in NAEYC. Committees vary, but include Public Policy, Nominations and Elections, Week of the Young Child, Accreditation, Conference, etc.
- Local Affiliate Board Member: Open to all members of a local affiliate. Strengthen your state and local affiliates by taking a leadership role at the local level.
- Local Affiliate Committee Member: Open to all members of a local affiliate. Get involved in the Association in your own community, and work on issues such as Accreditation, Conference, Week of the Young Child, etc.

If you are interested in getting involved, please contact the HAEYC office at 942-4708 (Oahu) or toll free at 888-224-2392 (neighbor island), via e-mail at haeyc@hawaiiayec.org or visit www.hawaiiikeiki.org

The National Child Care Information Center (NCCIC) website serves your early care and education information needs and is dedicated to the dissemination of information and resources on early care and education to parents, providers, and national, State and local agencies. For more information please visit <http://www.nccic.org/>

Quality Care Program for Center-Based Child Care Providers (QCP) is designed to recognize and reward quality in preschools and child care centers. The Department of Human Services is offering financial incentives to licensed childcare centers that maintain quality. For applications, contact HAEYC

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942-4708 or toll free (888)224-2392. For training and technical assistance, contact the QCP office at Honolulu Community College at 845-9287 or via email at qualcare@hcc.hawaii.edu

Quality Care Program for Home Based Providers was established by the Hawaii State Department of Human Services to promote high quality care. Those who care for children ages birth to five in their homes are invited to participate. These include licensed family child care providers, license-exempt providers, and family/friends that provide child care. All participants receive a monthly packet of educational materials and early learning activities. In addition, caregivers who serve children receiving DHS child care subsidies can earn a monthly incentive payment per child, for one year after entering the program, subject to available funding. PATCH also provides training and technical assistance to participants. For more information, call your local PATCH office or email patch@patchhawaii.org

Oahu: 792129	Maui County: 249-0101	Lanai & Molokai: 1-800-498-4145
Kauai: 246-0622	East Hawaii: 961-3169	West Hawaii: 325-3500

Reading is Fundamental has advice, articles, and booklists that provide educators with valuable information on how to help children develop a love for reading. For more information visit <http://www.rif.org/educators>

RealeWriter (pronounced “Really Writer”) is a free software application for Mac OS X and Windows XP/Vista which is used to create RealeBooks. With RealeWriter people can create their own RealeBook (“reb”) files, share them with others on the internet, and print standard-sized RealeBooks. For more information please visit <http://www.realebooks.com/index.php/RealeWriter>

Scholastic Website has a wealth of resources for children, parents, teachers, administrators and librarians. Visit <http://www2.scholastic.com/browse/parentsHome.jsp> for more information

Stories Told By Us the series of books published by Na Kamalei—K.E.E.P., is now available at Borders Books and Music. These children's storybooks are in both the Hawaiian and English languages. They are designed primarily for families with young children and promote family interaction in the home through reading. All the stories are from the people of Ko’olauloa on the island of O’ahu, and all reflect the Hawaiian culture. To preview the books and their subject, visit <http://www.nakamalei.org/books.html> For more information contact Ke’Alii Greene, Project Manager - Na Kamalei Publishing, at 808-237-8500.

Teaching Young Children, the National Association for the Education of Young Children’s (NAEYC) new magazine designed especially for preschool teachers. *Teaching Young Children* highlights current thinking on best practices in early childhood education, innovations in the field, research and its implications, and interesting ideas for and from preschool teachers. Each issue provides useful, research-based ideas that teachers can use in their classrooms. The *Teaching Young Children* Web site provides preschool teachers with a place where they can share and find ideas, suggest topics we can cover in future issues, and network with other teachers in a growing online community. To learn more visit <http://tyc.naeyc.org>

Training Tracks, PATCH’s quarterly newsletter is filled with statewide information for child care professionals. *Training Tracks* also includes workshops that meet the Department of Human Services’ requirements for Infant and Toddler, and the 120 clock hours of training for the CDA. Visit http://www.patchhawaii.org/News/news_state.asp and then scroll down to the newsletter section for the most current issue.

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UH Mānoa Center on the Family has developed and distributes a wide variety of publications ranging from *Raising Resilient Children During Tough Economic Times* to *Choosing Childcare* and *Getting Ready for Kindergarten*. The latest publication available in hard copy is the *2009 Homeless Service Utilization Report*. For more information or to request copies of the publications, contact the Center on the Family at (808) 956-4132, send e-mail to cof@ctahr.hawaii.edu, or see the Web site at <http://uhfamily.hawaii.edu/>. Many other publications are available on-line at <http://uhfamily.hawaii.edu/publications/publications.asp> The Center on the Family is a unit within the UH Mānoa College of Tropical Agriculture and Human Resources.

Young Children is a peer-reviewed, professional journal published bimonthly by the National Association for the Education of Young Children. *Young Children* issues are organized around topical clusters that devote special attention to issues in the field of early childhood education. To learn more visit <http://www.naeyc.org/yc/>

YWCA Clothing Sale for Dress for Success® Honolulu, last Tuesday – Friday of every month, from 11 a.m. – 2 p.m. at the Laniakea YWCA (1040 Richards Street) in Downtown Honolulu. Save money and discover new and pre-owned women's business, casual and evening attire in all sizes. 100% of the proceeds from the sale will be used to support Dress for Success® Honolulu which provides free interview outfits to help women re-enter the workforce with confidence and style. For more information on the Dress for Success® Honolulu program, including volunteer opportunities, call 695-2603 or visit <http://www.ywca.org/site/pp.asp?c=9fLGJSOyHpE&b=2818573>

Ongoing Activities and Events for Parents and Families (Dated items first then in alpha order)

Keiki Injury Prevention Coalition (KIPC) On January 1, 2007 a law went into effect requiring children between the ages of four through seven to ride in a booster seat whenever traveling in a motor vehicle. The only exemptions are if the child is over 4'9" or if the vehicle has lap-only seat belts in the rear seat. The driver is held responsible for compliance with the law. Violators of Hawaii's Child Passenger Restraint Law are required to attend a 4-hour class and may be assessed a fine between \$100-\$500, depending upon the number of offenses. A Hawaii State tax credit of \$25 per year applies to the purchase of a booster or child safety seat. For more information and basic guidelines on the proper use of booster seats visit <http://www.kipchawaii.org/SafetyFacts/TrafficSafety/keikisafety.aspx> KIPC also conducts Child Safety Seat Checkups. Certified and trained technicians will check to make sure that your car or booster seat is installed properly and that you know how to buckle your keiki into his/her safety seat correctly. For the most current information or for other dates and locations, please visit <http://www.kipchawaii.org/EventCalendar/eventcalendar.aspx>

The Bishop Museum's The Sky Tonight, occurs in the planetarium on the first and third Friday of each month at 8:00 p.m. Admission is free for Bishop Museum members and members of the Hawaiian Astronomical Society. For more information visit <http://www.bishopmuseum.org/planetarium/skytonight.html>

Home Depot's First Saturday Kids Workshop. This an award-winning program that has been offered at The Home Depot stores since 1997. The workshops are free, how-to clinics designed for children ages 5-12, available on the first Saturday of each month between 9 a.m. and 12 noon at all The Home Depot stores. Children, accompanied by an adult, use their skills to create objects that can be used in and around their homes or communities. The workshops teach children do-it-yourself skills and tool safety, while at the same time helping to instill in them a sense of accomplishment and to build self-esteem. Additionally, the program allows for invaluable one-on-one time between adults and children. For more information contact your local Home Depot, or type *Home Depot Kids Workshop* in the search bar of your favorite search engine.

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The Contemporary Museum's First Saturday of the Month's *Expression Sessions Saturday*, from 10:30 a.m. – 12 noon. For children ages 5-12, this fun first Saturday program involves children (and their parents) in creating art projects in a variety of media. Teaching artists conduct workshops inspired by the current exhibitions on view. All art supplies included. Come ready to use your imagination and have a creative experience. The visiting artist will lead you on a fun-filled art adventure. For more information visit http://www.tcmhi.org/cal_public.htm

Oahu Urban Cultural Center's Second Saturday at the Garden, 9:00 a.m. – 12 Noon, Pearl City Urban Garden Center, 955 Kamehameha Hwy in Pearl City, to the left/behind of the self storage company, admission to the garden is free, No Reservations Required. This hidden treasure in urban Pearl City provides residents of Oahu with an opportunity to get dirty! *Second Saturday at the Garden* features a new tropical gardening topic each month and provides visitors with opportunities to learn about home gardening in Hawai'i from certified Hawai'i Master Gardeners and UGC Volunteers. Please bring hat, sunscreen, and water. For more information or directions, please call 453-6050, visit <http://www.ctahr.hawaii.edu/ougc/index.asp> email OahuMg@ctahr.hawaii.edu

Second Saturday at the Hawaii State Art Museum, 250 South Hotel Street, 10:00 a.m. - 4:00 p.m., Free. A family event featuring hands-on learning activities and quick tours of the museum. Scheduled art galleries open from 10 a.m.-4 p.m., with art activities scheduled from 11 a.m.-3 p.m. For more information, call 586-0900 or visit <http://hawaii.gov/sfca/>

Keiki Talk Story, Mission House Museum, Second Saturday Each Month, 10:00 a.m. – 11:00 a.m., Free. Each month children and their adult family member(s) are given an opportunity to listen to a themed story before participating in a fun activity that explores the museum's collection in the historic Frame House cellar. Perfect for children 3 years and up. For more information visit <http://www.missionhouses.org/mhm/whats-happening>

Honolulu Academy of Arts Family Sunday, Third Sunday of Each Month, 11:00 a.m. – 5:00 p.m., 900 South Beretania, Honolulu For more information visit <http://www.honoluluacademy.org/cmshaa/academy/index.aspx?id=514> or call 532-8700

Children's Craft & Story Time at Barnes & Noble at the following locations:

Ala Moana (949-7307)

Kahala Mall (737-3323)

Lahaina Gateway Cntr (662-1300)

For specific dates, times and more information call or visit the Barnes and Noble Store locator website at http://storelocator.barnesandnoble.com/find_a_store.do

Contemporary Museum, 2411 Makiki Heights Drive, Honolulu, HI free admission for all on the third Thursday of each month. Call 808-526-1322 or visit http://www.tcmhi.org/mi_hours.htm

Contemporary Museum's Military Family Outreach - Taking Care of Those Who Serve Active Duty, Retired, and Reserve military members and their families with Military ID are offered one-day free membership passes every time they visit TCM. Just present your Military ID at the door! For more information call 808-526-1322 or visit http://www.tcmhi.org/mi_hours.htm

Early Head Start/Head Start programs are now accepting intake applications for the 2010-2011 school year. Part-day and full-day comprehensive child development and parent support services are available for income-eligible families, children with special needs, children in foster care, and children who are without homes. Services are provided state-wide by seven (7) grantee agencies. Early Head

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Start provides services to pregnant moms, infants and toddlers. Head Start provides services to children, 3-5 years of age. For more information, please contact the following agencies:

Community Development Institute (CDI) CDI Head Start (Hawaii County) Phone: 961-0570	Family Support Services of West Hawaii FSSWH Early Head Start (West Hawaii) Phone: 334-4179
Maui Economic Opportunity, Inc. MEO Head Start (Maui County) Phone: 249-2988	Maui Family Support Services MFSS Early Head Start (Maui County) Phone: 242-0900
Parents & Children Together PACT Early Head Start/Head Start (C&C of Honolulu) Phone 842-5996	Honolulu Community Action Program HCAP Oahu Head Start (C&C of Honolulu) Phone: 847-2400
Child and Family Service CFS Kauai Head Start (Kauai County) Phone: 240-2817	

Family Fishing at Ho'omaluhia Botanical Garden, 45-680 Luluku Road, Kaneohe, weekly on Saturdays and Sundays, 10:00 a.m. to 2:00 p.m., no fee. Come with your family to fish and enjoy the outdoors at Ho'omaluhia Botanical Garden. This catch and release program is fun for everyone. Recommended: walking shoes, insect repellent, rain gear, fishing supplies (barbless hooks) and fishing gear (bamboo cane pole, or a rod and reel, bait, etc.) Fly casting is not allowed. There is a twenty (20) minute hike to the fishing area. The gates to the garden open at 9:00 a.m. Fishing may begin at 10:00 a.m. The garden is closed Christmas & New Year's Day. For more information visit <http://www.ctahr.hawaii.edu/kobayashik/Bassfish.html> For information and to make reservations call 233-7323.

Hawaii Children's Discovery Center hosts weekly events for the family. For more information, including possible fees, visit <http://www.discoverycenterhawaii.org/default.html>

Honolulu Theatre for Youth 2009 – 2010 Season has been set. To learn more about the 2008-2009 season visit <http://www.htyweb.org/plays.htm> HTY is located at the Tenney Theatre, St. Andrew's Cathedral, 229 Queen Emma Square in Downtown Honolulu. For ticket information visit <http://www.htyweb.org/index.htm> or call 808-839-9885 or email htymail@htyweb.org.

Kahala Mall hosts a plethora of weekly events for the family. For more information, visit <http://www.kahalamallcenter.com/>

Keiki Story Time at Borders at the following locations:

- Saturdays at 10 a.m. at Pearlridge (487-1818)
- Saturdays at 11:00 a.m. at Windward Mall (235-8803)
- Tuesdays at 10:30 a.m. at Waikele (676-6699)
- Tuesdays at 10:30 a.m. at Windward Mall (235-8803)
- Wednesdays at 10:30 a.m. at Ward Centre (591-8995)

For specific dates, times and more information call the individual location.

Parents & Tots Activities at Honolulu City and County Community Parks Free. Sing, do arts & crafts, listen to stories, socialize and have fun. Parent/guardian participation mandatory. For more information, visit <http://parks.honolulu.gov/sdi/home.html>

Pearlridge Center Tuesday is all about keiki! Activities for children, Uptown, starts at 10:30 a.m.

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To learn more, visit <http://www.pearlridgeonline.com/pearlridge2>

The Town Center of Mililani hosts a plethora of weekly events for the family. To learn more, visit <http://www.towncenterofmililani.com/AboutUs/aboutus.htm>

Resources for Parents and Families (In alpha order)

3rd Annual Hawaii Parent Guide: A Resource for Parents provides information on effective parenting practices, as well as examples of successful partnerships between parents, schools and community organizations. <http://www.hawaiipirc.org/parentguide/2009-2010-parent-guide.html>

Aloha United Way 211: In the same way that 911 links you to emergency services and 411 to directory assistance, 211, by Aloha United Way, connects you to over 1,000 agencies with 4,000 government and community services. This service is available 24/7, is fast, free, and confidential. Call 211 or visit <http://www.auw.org/2-1-1>

A`o Makua, is an online virtual learning community where parents/caregivers of learners in Kamehameha Schools (KS) programs, KS alumni and other adults who want to learn more about Hawaiian history, language and cultural practices can access culturally-relevant resources that they can share with their families. Courses are online, non-credit, enrichment focuses and 3-4 weeks in length. While the course is facilitated by an instructor, participants may go through the content at their own pace. Participants will need to have a reliable computer, internet access, and may need Microsoft Office, Adobe Acrobat, and Adobe Flash Player. For more information visit <http://ksdl.ksbe.edu/adult> or call 1-808-842-8877.

Arbor Child Care Connections, helps low income families pay for child care services for children. Applications accepted year round; awards based on family size, income and work activity. Application process is approximately 30 days. Supported by the Department of Human Services, visit <http://hawaii.gov/dhs/self-sufficiency/childcare/services/CCCH%20Brochure%20eff%2010.06.doc> or call:

Honolulu (Hawaii Kai – Halawa) 356-5555

Leeward (Aiea-Wahiawa to Waialua; Waipahu – Makaha) 356-5577

Hilo 981-6807

Kona 334-092655

Kauai 245-2030

Maui 249-2360

Lanai & Molokai 866-972-7267

The Baby Hui offers support and encouragement to meet the challenges of raising young children (newborn to age three years). The Baby Hui can help parents learn how to respect their child's feelings and abilities through the support of other parents and by sharing knowledge of development. Parents are able to cuddle their keiki in their laps in a relaxed home setting while they share with others the joys and challenges of parenthood. For more information visit <http://www.thebabyhui.org/> or call:

Oahu 735-2484

Kauai 635-4242

Maui 1-888-895-2484

Neighbor Island Info (toll free) 1-888-895-2484

Baby Boot Camp Strength training for moms with stroller-age babies, classes throughout O`ahu. For more information, visit <http://www.babybootcamp.com/pages/about.aspx>

Barnes & Noble offers online story time that features popular children's books read by their authors or other celebrities. This online experience provides children with an opportunity to focus on the

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illustrations. Listen to the current story at <http://www.barnesandnoble.com/storytime/index.asp> or listen to archived stories at http://media.barnesandnoble.com/?fr_chl=d81d787750f41575bb1283d41092fccca2f43fe15 and click on the *Online Storytime* link on the menu on the left hand side.

The Ben Franklin Crafts Keiki Craftivity is a great way to get children involved in crafting and expressive arts. Ben Franklin stores host projects for keiki on a weekly basis. Each of the stores offer the same projects on each specific Saturday, except for the last Saturday of the month in which the project is "Teacher's Choice" and varies from store to store. Each project requires a Make-It and Take-It kit. Kits can be purchased starting at \$1.00 each. Also, in case you want to recreate the project at home, project sheets are available to all customers after the project date. Most of the stores will be having the activity from 9am - 11am except for Enchanted Lake & Kamuela. Kamuela is at 10am - 12pm and Enchanted Lake 12pm - 2pm. For more information about the Ben Franklin Crafts Keiki Club in your area, please visit <http://www.bfcraftclub.com/index.htm>

Born Learning, a project of United Way is a way parents can get more information on demand. *Born Learning* is a public engagement and material distribution campaign that provides important information about what young children need every day to ensure quality early learning. Designed to support parents in their critical role as their child's first teacher, *Born Learning* materials are made available through the efforts of United Way, United Way Success by 6 and Civitas. For more information, go to the <http://www.bornlearning.org/default.aspx?id=33> or dial 211.

Building Blocks for Tots is an interactive parent-child play, learn and discover television show. Tune in on Mondays at 10 a.m. on KHON2 and Sundays at 1:30 p.m. on CW93 for information, tips and ideas for turning household items into props for activities to help with your child's motor skills, thinking processes, and overall development. For more information or parent resources, visit <http://www.bbtots.com>

The Castle Medical Center offers a variety of Family Classes on Sundays at the Medical Center (407 Ulunniu Street in Kailua) For more information, including fees, call 263-5400 or visit <http://www.castlemed.com>

Community Car Seat Checkup Sites *by appointment only:*

Oahu

Location	Contact	Sponsor
Tripler Army Medical Center Military beneficiaries by appt., DOD employees on space available basis.	Carol Moreno 433-6434	Tripler/Keiki Injury Prevention Coalition (KIPC)
Kalihi Palama Health Center 915 North King Street Honolulu, HI 96817	Lois Arakaki 848-1438	Kalihi Palama Health Center/KIPC
Kapiolani Medical Center for Women and Children 1319 Punahou Street Honolulu, HI 96826	Kapi'olani Health Connections 535-7000	Kapiolani Medical Center for Women and Children/KIPC
Kaneohe Marine Corp Base HI (Military, Dependent, and Civilian Base employees)	Clayton Lihilihi 257-1830	KMCBH/KIPC
The Queen's Medical Center	Queen's Referral Line	QMC/KIPC

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1301 Punchbowl Street Honolulu, HI 96813	537-7117	
Kaiser Permanente	Health Education Department 432- 2260	Kaiser/ KIPC
Waianae Coast Comprehensive Health Center 86-260 Farrington Hwy. Waianae, HI 96792	Ruby Rellin 697-3548	Waianae Coast Comprehensive Health Center/KIPC
KMCWC- Rehabilitaion Services Dept. (Special Needs child passenger safety)	Jill Taosaka 483-4917	KIPC

Hawaii Island

Location	Contact	Sponsor
Department of Health 1582 Kamehameha Avenue Hilo, HI 96720	John Kaizuka 933-0911	Partners For Safe Keiki (Big Island KIPC)
Kau Resource Center 96-3126 Puahala St. Pahala, HI 96777	Jessie Marques 928-0101	Partners For Safe Keiki (Big Island KIPC)
Kealakekua Health Center 81-980 Halekii St., #103 Kealakekua, HI 96750	Carrie Kuwada 322-4881	Partners For Safe Keiki (Big Island KIPC)
Laupahoehoe Train Museum 36-2377 Mamalaloa Highway Laupahoehoe, HI 96764	Doug Connors 962-6300	Partners For Safe Keiki (Big Island KIPC)
Safe Drivers Hawai'i 851 Leilani St. Hilo, Hawaii 96720	Curt Hong 959-4233	Partners For Safe Keiki (Big Island KIPC)

Maui

Location	Contact	Sponsor
Neighborhood Place of Wailuku 399 Market St. Suite 101 Wailuku, HI 96793	Dolly Hinau 986-0700	Safe Community of Maui, Inc.
Servco Lexus of Maui 445 Kele Street Kahului, HI 96732	Tyran Takatani 877-4411	Safe Community of Maui, Inc.
State Farm Claims Office One Main Plaza Wailuku, HI 96793	Wayne Yamamura W: 244-3819 C: 264-6347	Safe Community of Maui, Inc.
State Judiciary-Maui 2050 Main Street Wailuku, HI 96793	Kimberly Hue Sing 442-3575	Safe Community of Maui, Inc.
Maui Police Department 1850 Honoapiilani Hwy Lahaina, HI 96761	Captain Chuck Hirata 661-4441	Safe Community of Maui, Inc.

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Kauai

Location	Contact	Sponsor
Medic-21 American Medical Response 3217 Palai Street Lihue, HI 96766	Zach Octavio 245-4675 (Walk-ins Welcome)	Kauai Keiki Injury Prevention Coalition

For more information about child passenger safety, call the Keiki Injury Prevention Coalition at 808-537-9200 or visit <http://www.kipchawaii.org>

The Contemporary Museum Education Department offers a variety of programming designed expressly for children, including summer art courses and monthly Expression Sessions. To learn more about these programs visit http://www.tcmhi.org/ep_childpublic.htm or call 808-526-0232.

Families for R.E.A.L. (Resources and Early Access to Learning) is a family support program of the Hawaii State Department of Education. The program offers age specific classes for the parent and their infant, toddler or preschooler. Classes are free and are held once a week for 1.5 hours and include a parent/child interaction activity and parent discussion/support group around the topics of family issues, child growth & development, understanding the individual child, stress and much more.

For dates and times, call:

Oahu Windward District site at Ben Parker at 235-9189

Oahu Leeward District site at Pearl City Highlands Elementary School at 453-6478

Maui District site at Pomaikai Elementary School at 873-3402 x288

State Office, Family Support Svcs., Parent-Community Networking Centers at 808-735-6225 x277

Family Programs Hawaii, through Foster Parent College (FPC), is offering online training specific for resource, guardianship, adoptive, and kinship families. Self-paced courses and workshops where the participants interact with other students and instructors are also available. To view courses offered, please visit www.fosterparentcollege.com. Certificates of coursework completion are provided to individuals at the end of each training course. Individuals, who are interested in participating, or service providers with referrals, please contact Paloma La Force at 808-521-9531, extension 251 or email her at plaforce@familyprogramshi.org. In order to register for FPC, please provide Paloma with your first and last names, email address and phone numbers.

Fatherhood Involvement Team provides services to fathers, supporting father-specific needs and incorporating their strengths into our services. For information on the Fatherhood Involvement / Da dee Program, please visit http://mfss.org/?page_id=20 or call 808-242-0900

Free Health Insurance for Kids A family of four can earn around \$76,000 annually and their children may qualify for the state's free comprehensive QUEST or QExA programs. Children's eligibility is based on household size, income, and citizenship or immigration status. Call 211 (free call from all islands) or visit www.coveringkids.com/community

Free mammograms for uninsured and underinsured women Qualified women, ages 40-49, are invited call for free breast cancer screening and health education, during office hours, at Hawaii Medical Center East, Liliha and Hawaii Medical Center West, Ewa Beach; free. Call to schedule an appointment: 547-6798, 547-6889.

Free Orthopaedic Care for Children: Shirkers Hospital provides no-cost screening services to identify children who can benefit from the expert orthopaedic and burn care provided at the hospital. If you

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know of any children under 18 who have problems of the bones, joints or muscles, or problems associated with healed burns, call the hospital at 808-941-4466 for an evaluation to find out if they are eligible for free, expert medical treatment.

Friends of the Library of Hawaii, Friends Bookstore The treasured, gently used books at affordable prices that you find at the annual Friends of the Library book sale is now available all year long! Visit the bookstore at 690 Pohukaina Street, Monday through Friday, 10am-2pm. Also open first Saturday of each month, 10am-2pm. Closed on State Holidays. For more information visit http://friendsofthelibraryofhawaii.org/index.php?option=com_content&view=article&id=54&Itemid=64 Then scroll to the middle of the page.

H-Kiss runs an information line for parents of children 0-3 years with special needs. Monday – Friday 8:30 a.m. to 3 p.m. Oahu 594-0066 and Neighbor Islands toll free 1-800-235-5477. Visit http://hawaii.gov/health/family-child-health/eis/pdf/hkissbrochure11_22_06.pdf for more information.

Hawaii State Public Library System offers an array of programs for children at your public library. For more information on what is currently being offered at your library, please visit <http://www.librarieshawaii.org/programs/index.htm>

Healthy Habits for Healthy Kids: A nutrition and activity guide for parents. Interactive resource with activities, recipes, mealtime tips, guides and much more. For more information visit http://www.wellpoint.com/healthy_parenting/index.html

Hi'ilani is a free early childhood family education program that serves children prenatal to 36 months of age and their families. Hi'ilani offers small group regularly scheduled classes and activities during mornings, middays and evenings throughout the year. These classes focus on strategies, tools, and techniques that promote preschool readiness and well-being through positive parent-child interactions including: prenatal and parent and child interaction classes, early childhood screening and referral, and individual consultation. To enroll in classes, contact the following Hi'ilani programs for more information:

Waimānalo: 808-426-1450	Nānākuli: 808-534-8261
East Hawai'i (Hilo) : 808-969-3883	Kaua'i: 808-245-3897

Home Instruction for Parents of Preschool Youngsters (HIPPY) is a parent involvement school readiness program that helps parents prepare their three, four and five year old keiki for success in school and beyond. HIPPY helps parents empower themselves as their child's first teachers by providing them with the tools, skill and confidence they need to work with their keiki in the home. Participating families receive 30 weeks of curriculum and 9 books; school supplies and materials; parenting classes and resources; socialization opportunities for keiki and parents; free childcare during class time. For more information, please call Keiki O Ka 'Āina at 808-2502 or visit <http://www.keikiokaaina.org>

Honolulu Zoo Family Programs provides local families with a variety of activities to help keiki learn more about the animal kingdom. For a current list of activities visit <http://www.honzoosoc.org/calendar.htm> or call 808-971-7195 or email education@honzoosoc.org

Hui Ho'omalū is a statewide initiative that encompasses the identification, recruitment, screening, training, ongoing support and retention of resource families that care for Hawai'i's foster children. Hui Ho'omalū, "a group to protect and shelter", consists of a partnership between the Department of Human Services, Partners in Development Foundation (Administrative Branch, General Licensing Department, and the Kōkua 'Ohana program), Catholic Charities Hawai'i (Child Specific Licensing), and Family

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Programs Hawai'i (ongoing training and support services). In addition, Hui Ho'omaluku works to further advance and enhance Hawai'i's foster care system by collaborating with a consortium of community providers, churches, and families. Hui Ho'omaluku strives to create innovative strategies to better meet the needs of Hawai'i's keiki in foster care as well as the resource families who care for them. To find out how you can help the foster children of Hawai'i, call Hui Ho'omaluku today at 808- 441-1117 or toll free 1-888-879-8970 or visit www.pidfoundation.org/programs/hui_hoomalu/about or email hui@pidfoundation.org.

Island Family Magazine can now be viewed online by visiting <http://www.islandfamilymagazine.com>. The current monthly issue and past issues may be downloaded from their website.

Kapiolani Medical Center for Women and Children offers an assortment of *Maternity & Family Classes*, which helps expectant parents have the healthiest pregnancy and baby possible. To learn more visit <https://www.kapiolani.org/women-and-children/classes-and-events/default.aspx>

Keiki O Ka 'Āina Kulia I Ka Nu'u is a free Hawaiian based, interactive, 24 week Montessori Preschool Curriculum for parents and their keiki that is fun, engaging and highly educational. Designed primarily for parents who cannot, or choose not to, send their 3 or 4 year old keiki to preschool, the program actively involves parents in the rewarding work of preparing their preschooler for school success. This accelerated integrated Montessori program brings parents together to learn cutting-edge methods designed to make learning fun for parents and their keiki. Designed to provide a comprehensive introduction to the Hawaiian language, culture and values. FREE childcare is available on site while parents join together with trained educators to make exciting educational materials to use at home. Classes meet weekly for 24 weeks and all books, curriculum, supplies and materials are provided at no cost. For more information call 808-843-2502 or visit <http://www.keikiokaaina.org>

Keiki O Ka 'Āina's (KOKA) Mentoring Children of Prisoners (MCP) Program is looking for keiki participants. The Program matches volunteer mentors with a child of an incarcerated parent for monthly activities (approximately 4 hours a month). If you know a child of an incarcerated parent, who lives on O'ahu, and is between the age of 4 – 16 years old. For more information call 843-2502 or email memorykoka@yahoo.com

Keiki O Ka 'Āina Parent Participation Preschools support parents as their child's first and best teacher by providing enriching experiences and opportunities for them to become leaders in their child's education. Parents, caregivers, and Keiki enjoy numerous activities to develop a love and respect for the Hawaiian culture. As a Native Hawaiian focused organization, they encourage participation from Native Hawaiian families, but accept children without regard to race, religion or disability. For more information visit <http://www.keikiokaaina.org/> or call 808-843-2502.

Keiki O Ka 'Āina Poli's Place Parent Participation Preschool is specifically designed to meet the diverse needs of infants and toddlers including those with special needs. All keiki are welcome at Poli's Place which offers four Infant/Toddler sessions for keiki 6-30 months, and one Preschool session for keiki 31-48 months. Parents attend with their keiki and learn to be their first and most important teacher. Together they enjoy developmentally appropriate activities in music and art; large and small muscle activities; coordination, socialization, and puzzles. For more information call 808-843-2502 or visit <http://www.keikiokaaina.org/>

Keiki Steps is a program of the Institute for Native Pacific Education and Culture (INPEACE). It is a FREE parent participation preschool for families with keiki 0-5 years of age. Applications for the 2009-2010 school are currently being accepted. To reserve a space for your child or for more information please call (808) 620-9043 or visit www.inpeace-hawaii.org.

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Music Therapy Services free of charge, State-wide to children from birth to 3 years old with special needs to facilitate their healthy physical, cognitive, social and emotional development. Small group or individual music therapy session, once a week for a minimum of 6 months at Sounding Joy Music Therapy clinic on Oahu, and on-site locations on Neighbor Islands. Applications are now being accepted. Call Yoshimi Otake, Program Assistant, at (808) 593-2620, or email yotake@soundingjoymt.org with inquiries or for more information. Your information is kept absolutely confidential. All registrants are subject to personal interview before final decisions are made.

The Lyon Arboretum and Botanical Garden is the only University botanical garden located in a tropical rainforest in the United States. It is also the only easily accessible tropical rainforest on the island of Oahu. It currently consists of almost 200 acres at the top of the Manoa watershed with a set of small cottages and greenhouses used for research and community education about plants and the natural environments of Hawaii. Classes for children and adults are also available. For more information, including fees, visit www.hawaii.edu/lyonarboretum or call 988-0456

The Muscular Dystrophy Association (MDA) Support Groups offer adults and children with neuromuscular disorders and their families opportunities to meet and talk with others facing similar challenges. These group meetings include time to share as well as educational guest speakers. Contact the Health Care Services Coordinator for exact dates at 808-593-4454 or email hawaii@mdausa.org.

National Association of Child Care Resource and Referral Agencies (NACCRRA) has many parent-focused programs, initiatives and resources available on their http://www.naccrra.org/for_parents/index.php

The National Association for the Education of Young Children (NAEYC) established a national, voluntary accreditation system to set professional standards for early childhood education programs, and to help families identify high-quality programs. Visit <http://www.naeyc.org/families/search> to find an accredited program in your community.

Nurturing Families of Hawaii, a 12-session program based upon the "Nurturing Parenting" model to provide parent skills training and resource management. Topics include Nurturing as a Lifestyle, Understanding Discipline and Family Rules, Money Management, Budgeting, Family Play and Fun, Behavior Encouragement, Making Good Choices, and Growth and Development of Children. Offered throughout the islands Sessions are ongoing throughout the year. For further information or to register for classes, call TIFFE 596-8433 or visit <http://www.tiffe.org/> and click on Nurturing Families on the menu on the left hand side.

The Nurturing Father's Program is a 13-week group-based program for developing attitudes and skills for male nurturance. The group of 8 to 16 fathers meet weekly for 2½ hours. Program activities address the Roots of Fathering, Nurturing Ourselves/Our Children, Fathering Sons/Fathering Daughters, Discipline Without Violence, Playing with Children, Managing Anger/Resolving Conflict, Teamwork with Spouse/Partner, Balancing Work and Fathering, Communication and Problem Solving, Cultural Influences, Dealing with Feelings, The Father I Choose To Be. For more information call TIFFE 596-8433 or visit <http://www.tiffe.org>

Operation Search helps identify children with learning difficulties from birth to age 20. The Department of Education provides special education services for children with disabilities from age 3 to 20. To receive help for your child, call 203-5566 or toll free statewide at 1-800-297-2070. For children up to age 3, call 594-0066 or toll free statewide 1-800-235-5477. Visit <http://doe.k12.hi.us/specialeducation/operationsearch.htm> for more information

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Parent and Child Mobile Outreach Units are an early intervention community service across the state of Hawaii. The program provides a non-threatening learning environment for children and parents through which screening and appropriate referrals can be made for meeting the health, nutrition, education, parenting skills, psychosocial and mental health needs of participating children and their families. TIFFE's mobile outreach program offers the following four service components.

Keiki Play Morning: a parent-child interaction model

Adult Time Out: a small group and one-on-one service to adults who live in transitional housing sites.

ABC Nurturing Program: a model that presents parenting education within a self-development framework, addressing both personal and parent-role skills.

Training and Consultation: concerning program development and homeless culture.

For more information call TIFFE at 808-596-8433 or visit <http://www.tiffe.org/>

The Parent Line is a free statewide phone line for parents and others who care for children. Individuals can call for parenting support, information, and community resources, Monday – Friday 8 a.m. to 6 p.m. and Saturday 9 a.m. to 1 p.m. Oahu 526-1222 and Neighbor Islands toll free 1-800-816-1222.

Information from *The Parent Line* is also available online at <http://www.theparentline.org/index.htm>

The main pages for the website include:

- *Keiki O Hawaii Resource Directory* which provides parents with the name and phone number of various resources including: emergency services; parent education and family support; information on childcare, preschool and play activities; and much, much more.
- *Keiki O Hawaii Newsletter for Parents* which provides parents with information about their child's growth and development. The child's first three years of life is broken down into 15 stages.
- *The Teddy Bear Post* a newsletter for parents of preschoolers that is published 4 times a year and is distributed by The Parent Line Distribution Center.

PARENTS Inc. (Providing Awareness Referrals Education Nurturing Therapy Support) is a private nonprofit organization that offers an eight-week parenting course designed to strengthen families by helping parents learn more effective parenting and coping skills. To learn more, visit <http://www.hawaiiparents.org/home.html>

Oahu: 235-0488 or 235-0487	Maui: 249-8471
East Hawaii: 934-9552	E-mail info@hawaiiparents.org

PATCH, Hawaii's statewide child care resource and referral agency, has a wonderful website that provides parents and families with connections to a wide variety of information. PATCH helps parents take the guesswork out of choosing child care with referrals to local child care providers, information about state licensing requirements, availability of child care subsidies, and other child care resources. They also provide guidance by phone and via the Internet to meet the needs of each family. Every quarter they publish *'Ohana Network* a resource newsletter for Hawaii's families that is an opportunity to highlight community programs and services, share parenting tips and information and much more. For more information please visit <http://www.patchhawaii.org/>

Oahu: 839-1988	Maui County: 242-9232	Lanai & Molokai: 1-800-498-4145
Kauai: 246-0622	East Hawaii: 961-3169	West Hawaii: 322-3500

PBS Kids has a website that provides parents with information on child development and developmentally appropriate activities for children birth to second grade. There are also tips on how to

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help your child develop math, reading and writing skills. Visit <http://www.pbs.org/parents> for more information.

Poison Center Hotline If you think someone has been poisoned, call your poison center right away at 1-800-222-1222. For more information, visit <http://www.poison.org/>

Pre-K Now provides families with resources help make the process a little easier and also show parents how they can take advantage of early learning opportunities at home and elsewhere outside of a pre-k classroom. Resources include a checklist to help families select the best pre-k program for their child. The checklist includes the program qualities and components that research says are most important for your child's growth and development. The checklist and resources provided at their website will help families make confident, informed pre-k decisions. It also provides web resources on school readiness, tips on how to help make the most your child's natural inclination to learn, and information on how to engage your child in developmentally appropriate activities that you can do together. For more information visit <http://www.preknow.org/families/index.cfm>

Pre-K Now offers a virtual tour of a high-quality pre-k classroom because seeing isn't just believing, it's understanding. Understanding what to look for in quality care is crucial to families investigating their pre-k options. Policymakers, reporters, and even educators can also learn the hallmarks of high quality on a classroom level. Complete with photographs of a real pre-k setting, the tour brings high quality to life. To take the tour, visit <http://www.preknow.org/educators/classroomtour.cfm>

Prenatal & Postpartum Depression Support in Hawaii (PPDsupportHI) provides support, education and awareness about pregnancy and postpartum depression and their related mood challenges. A weekly peer support group, telephone support, information, referrals are available to new parents, at no charge. Education to professional and parent communities are also offered. For more information visit <http://www.ppdsupporthi.org/> or call the volunteer warmline at 808-392-7985.

Preschool Open Doors, helps families pay for preschool and is supported by the Department of Human Services. The application process is approximately 30 days. Contact on Oahu 587-5254 or Neighbor Islands (toll free) 1-800-746-5620.

The Queen's Medical Center offers a variety of classes that focus on parenting. To learn more visit http://www.queensmedicalcenter.net/index.php?option=com_content&view=article&id=282&Itemid=127

Read To Me International is a Hawaii-based non-profit organization dedicated to sharing the benefits of reading aloud to children with the grown-ups who love and care for them. In addition to presentations for parents, caregivers and educators, RTMI also hosts a biennial conference, distributes educational materials, and conducts family literacy programs and activities. Read To Me International maintains a website with news, upcoming events, read-aloud tips, and recommended reading lists by age and subject categories. Is your keiki feeling testy? Well, maybe he or she will relate to a book in the *Feelings and Moods* list. RTM also publishes *The Read To Me Reader*, a bi-monthly newsletter with book reviews, crafts, current research, and other helpful ideas. To learn more or sign up to receive the newsletter, call us at (808) 955-7600, visit www.readtomeintl.org, or join us on Twitter and Facebook.

Reading is Fundamental has tips and activity ideas to help parents instill a love for reading in their children. The website also has a section where young children can listen to stories on-line. Parents can visit <http://www.rif.org/parents> Young children up to age 5 can visit <http://www.rif.org/leadingtoreading/en> with an adult to listen to a story on line. Children between the ages of 6 and 15 can visit <http://www.rif.org/readingplanet> for activities (remember to check with an adult first!).

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Safe Sleep Hawaii provides statewide leadership in preventing infant deaths through the education of parents, caregivers, teachers, and health care professionals on safe sleep practices following the American Academy of Pediatrics (AAP) guidelines. For more information visit www.safesleephawaii.org

Scholastic Books has a website that provides parents with information on child development and developmentally appropriate activities for children birth to age 8 years. Visit <http://www2.scholastic.com/browse/parentsHome.jsp> for more information.

Seussville is a website dedicated to Dr. Seuss' stories and characters that are full of interactive games, ideas, and activities. Visit <http://www.seussville.com> for more information.

Stroller Strides Workout and play for mothers and their babies in strollers. For more information visit <http://www.strollerstrides.com/index.php>

TACA (Talk About Curing Autism) Monthly Support Meetings, Last Monday of each Month (except December), Kaimuki Christian Church (1117 Koko Head Avenue in Honolulu), 7:00 – 9:00 p.m. (with registration starting at 6:45 p.m.) For more information please call 808-226-5316 or visit www.tacanow.org/hawaii

Tūtū and Me Traveling Preschool, a free mobile preschool that nurtures the bond between Tūtū (and other caregivers) and their keiki. For more information, visit <http://www.pidfoundation.org/> or call 808-524-7633

Waikiki Aquarium offers a variety of special family friendly program that provide special opportunities for adults and children to share learning time together To check for programs, dates and openings, please visit <http://www.waiaquarium.org/community-programs.asp> or call the Waikiki Aquarium Education Department at 808-440-9007, Monday - Friday, 8 am – 2:30 pm.

WIC, the **W**omen, **I**nfants, and **C**hildren nutrition program, helps pregnant women, new mothers and young children eat well and stay healthy. It is a federally funded program that offers nutrition counseling, breastfeeding support and nutritious foods at no cost. It also provides referrals to other programs offered in the community. Those who are encouraged to apply are:

- Pregnant women,
- Breastfeeding women,
- Any woman who just had a baby, and
- Anyone with a child under the age of 5.

To see if you meet the WIC income guidelines or to find the clinic location that it closest to you, on Oahu call 586-8175. Neighbor Islands call toll free 1-888-820-6425 from Neighbor Islands, or visit <http://hawaii.gov/health/family-child-health/wic/>

Zero to Three brings together the fields of medicine, child development, research science and human behavior, to focus exclusively on the first three years of life. Zero to Three helps parents navigate this critical period. You know your child better than anyone. You're also your child's first—and most important—teacher. For helpful tips and hints, visit <http://www.zerotothree.org/site/PageServer>

Volunteer Opportunities

NOTE: Please direct all inquiries to the advertising organizations. Mahalo.

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The Baby Hui is looking for individuals who can donate a couple of hours a month helping with play days, workshop, facilitating groups, doing data entry, bookkeeping, and folding newsletters. Interested volunteers should email thebabyhuied@gmail.com

Keiki O Ka 'Āina's (KOKA) Mentoring Children of Prisoners (MCP) Program is looking for mentors. The Program matches volunteer mentors with a child between the ages of 4 – 16 years old whose parent is incarcerated. The mentor and child meet a minimum of 4 hours a month. Mentors attend a 2 hour training and are fingerprinted for background check. Activities such as glow put, cosmic bowling, and ice skating are sponsored by KOKA. For more information contact Memory at 843-2502 or email memorykoka@yahoo.com

Mao Farms in Waianae is recruiting for its College Internship Program, which is a 2-year commitment for youth from the Leeward Coast ages 17-24. Interns will be sent to Leeward Community College (all tuition expenses paid) to earn their AA degree, are provided with tutoring and mentoring, and employment - Interns work at their organic farm 17 hours/week and receive a monthly stipend. This internship is a great way to reconnect with their culture, the `aina and their understanding of kuleana to taking care of their community. Looking for good kids with lots of heart and potential to succeed in higher education (they don't have to be A students). To learn more visit http://www.maoorganicfarms.org/index.php/site/education_college/

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